

In-person Training: “Public speaking and networking: How to understand and connect with your audience”

January 28 th 2026 09:00 - 12:00	January 29 th 2026 09:00 - 12:00
Preparation: • How people in your audience process information. • How people react to the environment and the context (conferences, meetings, networking events). • How people react to you: Implications for anxiety management and confidence building.	Delivery: • Why and how to catch their attention while keeping your self-confidence intact. • How people deal with emotions and how to speak on divisive issues. • The words you use and the effect they have. • Improvisational speaking (as a speaker and a participant at networking events).