

## Onsite training: “Public speaking and networking: How to understand and connect with your audience”

July 16 <sup>th</sup> 2025	
09:00 - 12:00	13:30 - 16:30
<p><b>Preparation:</b></p> <ul style="list-style-type: none"><li>• How people in your audience process information.</li><li>• How people react to the environment and the context (conferences, meetings, networking events).</li><li>• How people react to you: Implications for anxiety management and confidence building.</li></ul>	<p><b>Delivery:</b></p> <ul style="list-style-type: none"><li>• Why and how to catch their attention while keeping your self-confidence intact.</li><li>• How people deal with emotions and how to speak on divisive issues.</li><li>• The words you use and the effect they have.</li><li>• Improvisational speaking (as a speaker and a participant at networking events).</li></ul>